

As I lay me down to sleep, I pray Thee Lord to bless those I meet as in Thy Name I greet them.

May they clearly see the many blessings Thou hast provided me, so they may reach out to Thee.

Each day I pray for those I love, may flights of angels attend to their needs from heaven above.

Now I lay me down to sleep, I pray Thee Lord in thanksgiving, that according to Thy Will, my life I'm living.